

# IMPACT REPORT 2022 - 2023



[www.trosainc.org](http://www.trosainc.org)



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1820 James St, Durham, NC 27707



TROSA remains profoundly grateful for your part in helping change the lives of our residents. Your support is crucial as we strive to provide the highest level of care for individuals with substance use disorder, and we can only offer this level of care with your confidence in our treatment program.

Thank you for helping save lives and reunite families using our award-winning social enterprises and as an advocate, volunteer, and donor.

TROSA's strategic focus on future expansion allows us to reach more individuals with substance use disorder and strengthens our commitment to treat anyone in need. Earlier this year, this resolute undertaking led to the opening of our first satellite campus in Winston-Salem; we also finished Phase II of our women's campus and started transforming our main Durham campus with the construction of McDonald Hall, named after TROSA founder Kevin McDonald.

Expanding on Kevin's legacy is possible because of your generosity, the support of government officials, our staff's unwavering dedication, and, most inspiring, the fortitude and resilience of our residents and graduates.

As TROSA enters its 30th year, we remain true to our mission of empowering people with substance use disorders to be productive, recovering individuals by providing comprehensive treatment, experiential vocational training, education, and continuing care—free of cost.

To do this, TROSA will continue to call upon you to help us meet the immense and rising need for accessible, comprehensive treatment options. Every gift made, volunteer hour logged, household item donated, and purchase from our thrift store and tree lots directly impacts our residents' lives.

Thank you for recognizing that those with substance use disorder deserve the opportunity to be contributing, valued members of our community. Most of us have been affected by drug and alcohol abuse, and together, we must partner to rebuild individuals, families, and communities.

Tia Jones  
TROSA Board Chair

**Last fiscal year, TROSA served 841 residents by providing essential resources, comprehensive services, and evidence-based practices.**



**Over 165,000 service nights of safe, stable, and sober housing**



**More than 475,000 meals served**



**More than 400 residents received counseling or psychiatric appointments to complement daily therapeutic care**



**More than 10,000 medical appointments coordinated (including 1,455 dental appointments)**



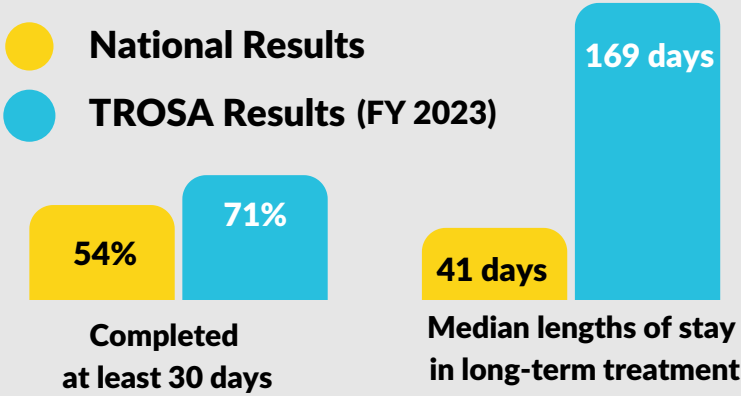
**115 residents completed their two-year program**



**100% of program graduates seeking employment secured job offers**



TROSA residents exceeded national lengths of stay and treatment stage completion rates:



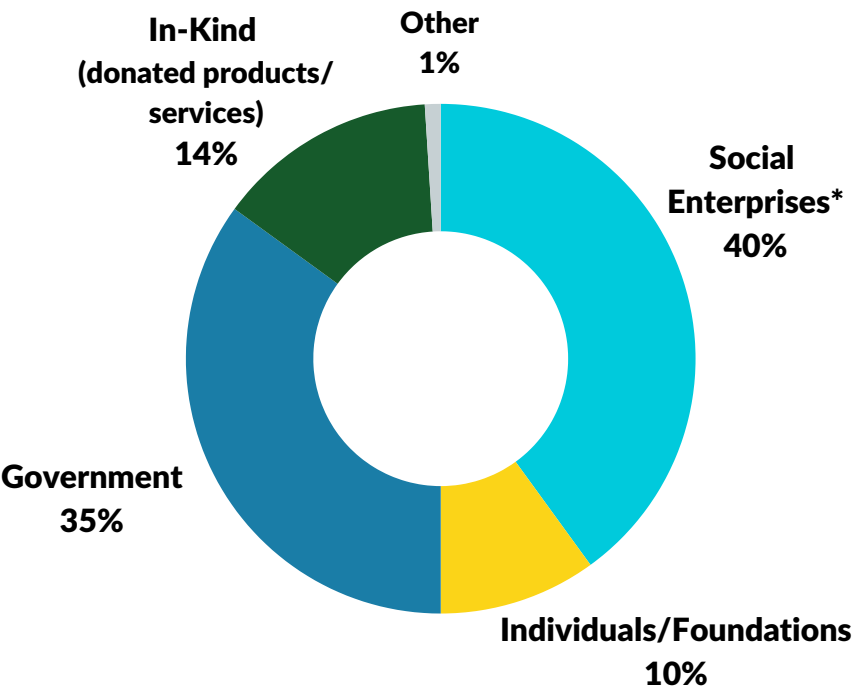
Length of Stay / Completion Source: SAMHSA, Center for Behavioral Health Statistics and Quality. Treatment Episode Data Set (TEDS): 2019. Admissions to and Discharges From Publicly Funded Substance Use Treatment. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2021.

During our fiscal year 2023, our prior year program graduates (FY 2022) shared the following one-year outcomes:

- 97% Sober one year after graduating
- 100% Remained employed or continued as Senior Residents
- 99% Received no new criminal convictions

Data collected FY 2023 for FY 2022 graduates

TROSA FUNDING IN FISCAL YEAR (FY) 2023



\*Social Enterprises are our community-supported TROSA Moving & Storage, TROSA Thrift Stores, TROSA Lawn Care, and TROSA Tree Lots



We are expanding, by building new residential and community spaces on our campuses.



Strategic expansion to help more people

We are committed to meeting the growing nationwide demand for our award-winning program by actively upgrading and building new residential and community buildings at our campuses in Durham and Winston-Salem, North Carolina.

Our expansion projects provide spaces that will promote community engagement among residents, increase our program and resource efficiency, and expand our capacity to help more individuals needing our comprehensive residential treatment services.



“

I’m so grateful for my brand new life.”

Christopher, TROSA Graduate



Christopher with CNN’s Dr. Sanjay Gupta, who was on assignment to report on Durham’s landmark HEART program.

Christopher graduated from TROSA’s two-year program in 2021.

“I needed a long-term program and I’m thankful I found TROSA at the right time. The opportunities at TROSA are amazing.”

After graduating from TROSA, Christopher was able to utilize the skills and credentials gained in treatment to build a new career in behavioral health. He first worked at a local crisis support center. Christopher was then hired as part of the inaugural staff for Durham’s HEART program, where he served as a first responder to non-violent behavioral health and quality of life calls for service under Durham’s Community Safety Department.

“I’m now a Certified Peer Support Specialist in Charlotte,” he shares. “The job is going great, and I get to help many men and women begin their recovery journeys...just like I got help at the beginning of mine.”