



You are eligible to participate in the TROSA program if you:

- Have a substance use disorder
- Desire a multi-year residential program and are able to fully participate in TROSA's therapeutic program
- Are 18 years or older

Learn more on our website:
www.trosainc.org

Contact our Admissions Department today!



TROSA
1820 James St
Durham, NC 27707



(919) 419-1059
or toll-free: 1-833-408-7672



admissions@trosainc.org



Contact us today

Call today and take the first step on your path to sobriety and health. We welcome individuals from across the state, country, and even abroad. Please note that once accepted you must provide your own transportation to our campus.

We look forward to hearing from you!

While we welcome phone calls from family members and friends, we require that the individual seeking admission call or write to TROSA directly to participate in an interview.

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Free residential treatment for substance use disorder

A licensed, multi-year treatment facility helping people with substance use disorders become healthy, productive members of their communities and families





TROSA OFFERS:

COMMUNITY ASSIGNMENTS

Community Assignments, a cornerstone of TROSA, help mimic a successful life outside of TROSA: waking each morning with a purpose and a role to fill. During their Community Assignment, residents not only learn vocational training skills, but they also learn how to work as part of a team and to contribute to the overall community. Residents will learn specific life and vocational skills by participating in areas such as:

- Office administration
- Moving
- Food services
- Construction and property maintenance
- Lawn care
- Admissions

CLASSES & COUNSELING

We also offer daily seminars, evidence-based therapies, and various education classes on topics such as stress reduction, anger management, goal setting, and relapse prevention. With such a diverse set of activities, you will always stay occupied here at TROSA.

EDUCATION

Residents also have the opportunity to obtain their GED, take college courses, and earn marketable professional credentials through their community assignments. At six months in our program, residents without a high school diploma or GED start taking GED classes. After one year in our program, eligible residents can apply to take college-level classes.

TREATMENT

We provide residential, comprehensive care over the course of two years. Our program is built on the therapeutic community model of treatment. We focus on the importance of peer support and community in achieving and maintaining recovery. Services are provided by licensed and certified treatment professionals, program graduates, peer leaders, and trained peer support specialists.

TROSA provides you with housing, clothing, food, and personal care items.



CONTINUING CARE

We believe that recovery is a lifelong process. Our Continuing Care services help program graduates remain sober and employed in the community.

Our graduates benefit from services including:

- Transportation to and from work
- Access to safe, sober, low-cost housing
- Support groups focused on relapse prevention