You are eligible to participate in the TROSA program if you:

- Suffer from a substance use disorder
- Desire a multi-year residential program and are able to fully participate in TROSA's therapeutic program
- Are 18 years or older

Contact our Intake Department today!

1820 James St
Durham, NC 27707
(919) 419-1059
intake@trosainc.org

Contact us today to begin your path to sobriety

Call today and take the first step on your path to sobriety and health. We welcome individuals from across the state, country, and even abroad. Please note that you must provide your own transportation to our Durham facility.

We look forward to hearing from you!

While we welcome phone calls from family members and friends, we require that the individual seeking admission contact us directly to participate in an interview.

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Durham, NC 27707
(919) 419-1059
www.trosainc.org

Free residential treatment for substance use

A licensed, multi-year treatment facility helping people with substance use disorder become healthy, productive members of their communities and families.
TROSA OFFERS:

COMMUNITY ASSIGNMENTS
Community Assignments, a cornerstone of TROSA, help mimic a successful life outside of TROSA: waking each morning with a purpose and a role to fill. During their Community Assignment, residents not only learn vocational training skills, but they also learn how to work as part of a team and to contribute to the overall community. Residents will learn specific life and vocational skills by participating in areas such as:

- Moving
- Food services
- Construction and property maintenance
- Lawn care
- Sales and customer service
- Office administration

CONTINUING CARE
We believe that recovery is a lifelong process. Our Continuing Care services help program graduates remain sober and employed in the community. Nine out of ten of our program graduates remain sober one year after completing treatment.

Our graduates benefit from services including:

- Transportation to and from work
- Access to safe, sober, low-cost housing
- Support groups focused on relapse prevention

TREATMENT
We provide residential, comprehensive care over the course of two years. Our program is built on the therapeutic community model of treatment. We focus on the importance of peer support and community in achieving and maintaining recovery. Services are provided by program graduates, peer leaders, licensed and certified treatment professionals, and trained peer support specialists.

TROSA provides you with housing, clothing, food, and personal care items.

CLASSES & COUNSELING
We also offer daily seminars, evidence-based therapies, and various education classes on topics such as stress reduction, goal setting, and relapse prevention. With such a diverse set of activities, you will always stay occupied here at TROSA.